

NAME: _____

DATE: _____

REFERENCE SHEET: EMOTIONAL IMPACT

Writing Workshop #1

EMOTION	DESCRIPTIVE SPEAKER TAGS	SNAPSHOTS	THOUGHTSHOTS
SURPRISED	He yelled with excitement. He exclaimed in shock. He screamed with surprise. He yelled in awe. He shrieked with glee. He exclaimed with a high voice. He squealed happily.	He jumped up. He fell over. His eyes widened. His jaw dropped. His eyebrows rose. He put his hands to his face, making him look like the Scream.	He isn't as shocked as the last time. His heart skipped a beat. His mind went blank. His stomach churned. His heart leapt into his throat. He started to become hot. He felt his heart explode.
NERVOUS	He stuttered quietly. He trembled slowly. He mumbled sadly. He squeaked as his voice lowered. He choked after 3 hesitation. His voice quacked without confidence. He mumbled, pausing between each word. He whispered shakily.	He began shaking. He was biting his nails. He was rocking back and forth. His eyes began wandering. He was biting his lip. His shoulders slumped over. He was squirming in his seat. He walked with his head down. His eyes darted around the room. He wiped his sweaty hands on his pants.	His heart was racing. He was thinking of all the stuff that could go wrong. He was overthinking. He had butterflies in his stomach. He just wanted it to be over with. He regretted. He was so scared. He thought, "I think I might throw up." He thought, "I can't do this."
HEARTBROKEN	He moaned painfully. He whimpered loudly. He sobbed softly. He choked in sadness. He wept in pain. He complained without pause.	His face was covered in tears. He curled into a ball on his bed. He stuffed his face with ice cream. He cried into his pillow. He whimpered into his mother's shouldered. He blew his nose softly into the tissue. He clicked to the next episode on Netflix. His eyes were red and puffy.	He felt his heart break. He wondered when he would ever find love again. He wondered if she would ever text him. He heart shattered in his chest. He was mentally breaking down. He couldn't stop the slideshow of memories. He was a combination of angry and sad.
FRUSTRATED	He warily explained. He angrily complained. He timidly responded. He barked loudly. He roared with rage. He screamed with a high-pitched voice. His voice rose in anger. He spat venomously.	He rolled his eyes. His face turned red. He began throwing objects across the room. He punched his fist into the wall. He sighed in angst. He began shaking. He slammed his hands down. He slammed the door shut.	He held himself back from hitting him. He could feel the heat rising through his neck. His ears grew hotter by the second. He kept thinking, "Why me???" He thought his heart was going to explode.

CHEERFUL	<p>He exclaimed cheerfully. He cheered while smiling. He squeaked happily. He shrieked joyfully. He cried with a loud voice.</p>	<p>He jumped up in excitement. He had tears of joy in his eyes. He bounced up and down. He had a pep in his step. He was smiling from ear to ear.</p>	<p>His heart beat quickly. He felt incredibly energized. He felt jittery. He knew today would be a great day.</p>
DEFENSIVE	<p>He angrily talked back. He sassily stated. He profoundly threatened. He questioned bluntly. He huffed with anger. He snapped loudly. He barked in a loud manner. He snarled defensively.</p>	<p>His face formed a scowl. He backed off with his hands up in the air. He pushed the boy backwards. He flipped the table. He stepped forwardly aggressively. He snapped in a Z-formation. He frowned. He clenched his fists.</p>	<p>He guard automatically went up. He whimpered in fear. He walked away in an attempt to control his anger. He thought he was correct despite all signs pointing to the contrary. He thought about crying, but shook his head to hold back the tears.</p>
OVER-WHELMED	<p>He gasped in terror. He yelled in shock. He cried with rage. He wept with anxiety. He stuttered frantically. He whispered sarcastically. He lisped freakishly.</p>	<p>He sat down, crying. His face turned red. His eyes were bloodshot. He looked as if he hadn't slept in days. His eyes bugged out. He ran around in circle frantically. He started to pace back and forth. He looked like a zombie.</p>	<p>His heart dropped to his stomach. He had too many things on his mind. His mind would not rest. He felt the world around him spinning. His head was pounding. His mouth dropped open in exasperation. He felt insane. He thought his mind was going to explode.</p>
CONFIDENT	<p>He stated proudly. He declared coolly. He exclaimed with vigor. He spoke fluently. He announced with powerful emphasis.</p>	<p>His posture was strong. He was smiling with confidence. His face was set. He walked with grace. He puffed his chest out. He held his head high.</p>	<p>He said to himself, "I got this, I got this." He felt certain that nothing could go wrong. He felt stable. He thought, "I can do this!" He thought, "I am almost there!"</p>
JEALOUS	<p>He growled loudly. He barked with anger. He snapped without pause. He yelled violently. He retorted without a hint of happiness. He hissed enviously.</p>	<p>He had glaring eyes. He punched a pillow. His stomach churched. He balled his fists. He squinted his eyes. He stomped away. He clamped his jaw shut.</p>	<p>He wanted revenge. He thought about the worst case scenarios. He wished he could be like him. He thought of all of his shortcomings. He felt the envy invade his every part.</p>
EAGER	<p>He exclaimed loudly. He cried very quickly. He cheered loudly. He shouted impatiently.</p>	<p>He kept looking back at the block. His eyes widened. He began shaking. He had a big smile on his face. He paced back and forth.</p>	<p>He grew more and more excited. He couldn't wait any longer. He shivered in anticipation. His heart began to race. He felt the adrenaline pumping.</p>